



#### TERM 3

14 Aug - Te Tuinga Show  
BBC at 9.00am

15 Aug - School Cross  
Country start 10.45,  
Jump Jam 4 StarJam

18 Sept - Talent Quest X  
Factor Ruakaka

Every Tues - Food in  
Schools - Gold Coin  
Donation

#### TERM 4

17th October - Show Day

27 October - Labour Day

**Saturday**  
**1st November**  
**GALA DAY**

#### TERM DATES 2014

Term 1 — 3rd February -  
17th April

Term 2 — 5 May - 4th  
July

Term 3 — 21st July - 26th  
September

Term 4 — 13th October -  
15 or 16 December

# RUAKAKA SCHOOL NEWSLETTER



**31st August 2014**

#### DEAR PARENTS AND CAREGIVERS,

We are already almost half way through the 3<sup>rd</sup> term of the year! Where has the time gone? The great thing is that the days are getting longer, the daffodils are out – and hopefully the weather will be warmer soon.

#### NORTHLAND REGIONAL COUNCIL AWARD

This was presented to us at assembly on the 1<sup>st</sup> of August by Craig Brown and Susan Botting. I was so proud of how our children ran the assembly and of Room 9 who show-cased their finished people templates which are to line the boundary fence at the front of the school. When they are all completed and secured to the fence, we will be the talk of the north! Watch this space.

We really need volunteers to come in and help the children complete their cutouts. If you can help, please let the teachers know. You don't have to be an artist, just need to be able to paint by numbers!!!



#### Whakatauki (proverb) of the Week

**Ki te whakaarohia ka taea. Ki te whakaarohia  
rānei kāore e taea**

*If you think you can. Or if you think you can't.  
You're right.*

*A Balanced Education in a supportive environment*

### **CROSS COUNTRY / JUMP JAM 4 STARJAM**

This is the last reminder about this event happening tomorrow (Friday). The day will start at 10.20am with the Jump Jam 4 Starjam which is a fundraiser for disabled children (children are asked to bring a gold coin donation in exchange for a blue wrist band, available at the office). This will be followed with the junior cross country, then the senior cross country. We will end the activities with a sausage sizzle at 12.30. We would love to see as many of you here as possible – I suggest gumboots for the senior cross country!

### **X-FACTOR RUAKAKA**

We have received some expressions of interest from the children who want to audition for this show. Many are already practising and getting themselves organised. We will be auditioning in the week of 25<sup>th</sup> – 29<sup>th</sup> of August. We will be selecting children who are well prepared and confident to perform on stage.

### **TE TUINGA SHOW**

Today the children attended the Te Tuinga show at Bream Bay College. It is always a great experience for our children to see the talents of these older children. We are hoping to convince some of our ex-pupils to come along to our X Factor Ruakaka and perform for us.

### **MEASLES AND OTHER NASTY BUGS**

As you will have heard, measles have made their way up here to the north. This is a very serious illness and parents are being strongly urged to protect their children against this. If we are notified of any cases here at school, we will let you know immediately.

We have also had a tummy bug and a horrible chesty cough going around. If your child is unwell, please keep them at home and phone or text the school to let us know

### **COMPUTERS IN HOMES**

Have you returned your survey form to the office??? If you require another form, please let office know and we will get one to you. Please return them ASAP.

Below is the information that was sent out in the last newsletter:

We have the opportunity at Ruakaka School to offer a programme called Computers in Homes. Computers in Homes hopes to improve digital literacy in families attending, give greater self-confidence and create stronger home\school relationships. It allows parent\caregivers to be involved in their child's learning through education. This programme is open to families that do not have a computer in their home.

The Parent\Caregiver agrees to attend 20 hours training at Ruakaka School, pays \$50 contribution towards the project (normally \$5 per week for 10 weeks), and at the end of the training receives a computer and subsidised internet connection (12 months) for their home.

This is a wonderful opportunity for our families and allows you to get a computer and internet connection for your home. We have included a survey form that you can fill out and return to school if you are interested in taking part in the project. Can you please return this form to the school office ASAP. We will then collate the forms and select the families to be involved in our pilot programme if there is enough interest.

### **VISITORS TO SCHOOL**

If you are visiting the school please come to the office and sign in. This is a Health and Safety requirement so that we know who is in the grounds at any time. You may be asked to wear a visitors badge if you are to be here for any length of time. Thank you for your support with this.

### **GALA DAY – SATURDAY 1ST OF NOVEMBER**

Have you had a chance to sift through all that excess 'stuff' that you have at home? Any 'stuff' in good condition that you no longer need, can be sent along at any time for the white elephant sale. If you need anything picked up, please let us know.

We are still looking for more sponsorship to help pay for the rides, and goods for raffles and the auction. Do you know of anyone that can help us with this?

Very soon there will be a Helpers roster going up in the school foyer for you to fill in. Please put your name down where you can help – even if it is for an hour or two. Thank you.

We are asking for donations for sweet making. If you can donate sugar, golden syrup, chocolate chips/buttons, coconut, vanilla essence, cocoa, icing sugar etc please drop into the office.

### **FOOD IN SCHOOLS**

Food for Life will be on **Monday, 18 August** next week only, then it will be back to Tuesday as normal. Please remember to send your children with a koha as this helps assists with cost.



Buddhi Wilcox, who runs the Food for Life lunch in school programme, is a finalist in the Pride of New Zealand awards for community service. Buddhi is currently distributing over 1000 hot, tasty, nutritious meals each week to children in Whangarei area.

If you would like to support Buddhi and Food for Life you can vote for him online in the People's Choice award. You will find a short video about the project and can vote here:

<http://prideofnzawards.co.nz/peopleschoice/>

Another way you can support the programme is joining the Food for Life \$15/month club. \$15/month is about the cost of 1 coffee/week and will provide hot lunch meals for 4 children every week. Food for Life needs to find 200 people willing to contribute \$15/month to maintain this programme. If you would like to help with this please set an automatic payment for \$15 to Food for Life Charitable Trust. Bank account: 06-0493-0486861-00, and send your email address to Buddhi at

[info@foodforlifenorthland.org.nz](mailto:info@foodforlifenorthland.org.nz)

### **SHOW DAY**

Show day is Friday 17th of October. Have you picked your calf, lamb or goat yet? Remember they need to be born after the 1<sup>st</sup> of July.

We have an offer of a lamb that is 8 days old. It needs to go to a sheep-proof property and the owners would like it returned after show day. Please contact Yvonne in evenings on 433-0326, to discuss the details.



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## Notices

### SPORT NORTHLAND

Petrina Platt from Sport Northland will be working with Ruakaka School delivering a programme called Energize. Energize is about encouraging school communities to Eat Healthy, Be Active and Have Fun.

### GARY YOUNGER - RAY WHITE ALLENS WHANGAREI

Gary has recently been fundraising and Ruakaka school was entered into the draw after being nominated by Kay Whitehead. Ruakaka School was lucky enough to be drawn out and Gary has kindly donated \$250 towards the school. We are using these funds to part fund a ride at our Gala Day.

### REBOUNDERS\SWISS BALL

Do you have an old rebounder or a swiss ball that you could donate to the school, if so please drop into the office.

### DAFFODIL DAY 29 AUGUST

We are supporting daffodil day, which raises funds for the cancer society. If you wish to support this cause, please send your child with a gold coin donation to the office, available now. Thank you.

### SICK BAY

Thank you to everyone who has donated single sheets and blankets for the sick bay. We now have enough, but would appreciate some pillow cases if you have some.

### PRINCESS BALL

The 10th Annual Princess Ball - a great night out for women and girls of all ages.  
5 September 2014 at Lifepoint, 300 One Tree Point Road from 6:45pm.

Tickets: \$5 if purchased before 1 Sept, \$10 after 1 Sept, available from Sandra, ph 021 02397431.

## WELCOME TO PROJECT ENERGIZE!

Project Energize is a project for primary school children with the aim of improving and increasing the quality and quantity of physical activity and nutrition. Your school has an Energizer who will help your school to do this. The Energize motto is "Eat healthy, Be active, Have fun!"

Watch this space for upcoming tips and ideas around nutrition and physical activity.

