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Have you found dub dub yet?? If so fill in a form at the office and pop it in the box.



Congratulations to Sophie Pram who found dub dub last month and won a \$50 voucher!

## COMMUNITY NOTICES

### NORTHLAND DHB PUBLIC HEALTH - May 16<sup>th</sup> 2016 IMPORTANT INFORMATION ABOUT MEASLES

Measles is spreading around the North Island, after an outbreak in the Waikato. There have been four notified cases in Northland and we expect to see more. Measles is VERY infectious - and if you are not immune, there is a high chance you will get sick. Measles can be a very serious illness, with one in three sufferers experiencing complications such as ear infections, pneumonia, bronchitis or diarrhoea. About one in ten people will be admitted to hospital.

**The best protection is to have measles vaccination.** If you have not had confirmed measles illness in the past, or you have not received **TWO** doses of MMR or measles containing vaccine, you cannot be sure to be protected. Immunisation protects not only the individual, but also stops the spread of this disease within our communities.

In Northland, MMR vaccine coverage has not been very high for many years, and **older children, teenagers and young adults, as well as young children under 15 months (that is, not yet old enough to receive the vaccine) are**

**most at risk.**

If you are exposed to someone who has measles and you are not immune, you will be asked to self-quarantine for up to 14 days after exposure. As this is highly disruptive to families, work and school, **I strongly recommend MMR**

**vaccination for all school students who have not received two doses.**

**PLEASE SEE YOUR GP OR PRACTICE NURSE- VACCINATION IS FREE**

**Yoga with Mirella** - 200hr Certified Integrated Yoga teacher, held at Ruakaka Recreation Centre. First class 17 May 12:30-1:30, thereafter Thursday's 25 May 9:30-10:30. First class free, \$10 casual, \$90 for 10 session card, phone 021 164 3572. Please bring your own mat, some available.

**Harmony healing** - Reiki energy healing. Appointments available Monday to Thursday 8pm. Saturday 9 am or 12 pm. Sessions take approx 1.5 hours and cost \$65.00. Based in Ruakaka. Contact Debra 021433453 if you have any questions or to make an appointment.

## SPORT NORTHLAND

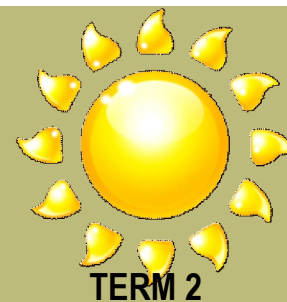
10 WAYS WITH BEANS,  
LEGUMES AND LENTILS

# DELICIOUS DIP!

To make a tasty dip blend 1 can chickpeas with garlic, a squeeze of lemon juice and 1-2 tbsp olive oil to make a delicious dip!



Developed by Sport Waikato 2016



3 June - BoT voting papers need to be returned to the office before noon.

Te Rehia Theatre performance 9:30-10:30am

Interschool Winter Sports Day at One Tree Point School, Years 4, 5, 6

6 June - Queen's birthday - No school

7-10 June - Matariki week

10 June - Hangi

14 June - Tsunami training

20-24 June - Life Education

20 June - Duffy Show 1.30-2.30

21 June - BoT Meeting

28 June - Tsunami evacuation practice

Talent Quest - Date to be confirmed

### TERM DATES 2016

Term 1 - 3 February to 15 April

Term 2 - 2 May to 8 July

Term 3 - 25 July to 23 September

Term 4 - 10 October to 15 December

# RUAKAKA SCHOOL NEWSLETTER



26th May 2016

Tēna koutou katoa

Well winter is finally here. What an amazing Autumn we have had. It's time to bring out the winter woollies and gumboots. Please help us to keep our lost property pile down by naming all of your child's clothing that is likely to be removed during the day – jerseys, jackets, gumboots, shoes, and socks. If your child is one of those that just can't resist mud and water, please pack a change of clothes for them. Thank you.



Wow! What an amazing day this was. The weather was perfect and so many of you came along to join us for the day. The children worked very hard and we managed to pick 451kgs of olives. On Friday, 6 children went to help bottle the olive oil and we have 230 bottles of Pure Virgin Olive Oil to sell. Our children are so privileged to get opportunities like this. Congratulations everyone.

### Whakatauki (proverb) of the Week

*K otaku reo ohoohe, k otaku reo taku mapihi mauria  
My language is my awakening, my language is the window to my soul.*

## A Balanced Education in a Supportive Environment



### PARENT INTERVIEWS

It was lovely to see so many of you here for parent interviews. Sometimes it is the only time some of you can get into the school so we really appreciate seeing you. It is so important to your children that you take the time to show an interest in how they are going at school. If for some reason you were unable to make it, remember we have an open door policy at Ruakaka School so please ring the office to make a time to meet with your child's teacher.

### PARENT SURVEY

I managed to get 47 surveys back which was great. Thank you to those of you who took the time to fill them in. My problem is that some of you mistakenly filled out your name on the wrong list for the draw on the first night and so I have no idea who returned them and who didn't! I then thought I'd solve the problem by putting in all of you who came to the interviews, but a tidy kiwi has thrown out the sheets! How to do the lucky draw? I will save the prize for another event. My apologies – I know how excited you all were about winning.

### FEEDBACK FROM THE SURVEYS.

**After School Care** – Overall there was very positive feedback about this. All of you want it to continue and really value it. Some say they may start using it in the future. If you have any concerns about After School Care please always let us know.

**Health & Safety** – The majority of you knew what the processes are when you come into the school. Very few knew of any hazards around the school to be aware of – the carpark was mentioned by a couple of people. The main process you need to know about is that you need to report to the office before moving around the school.

Every response said that their children feel safe at school!

**Powhiri** – Most of you were happy with the way we do this and would like to keep the once a term. We will continue to look at different options so all whanau are catered for in a supportive way.

**Reporting to parents** – All were very happy with these.

**What are the best things you value about Ruakaka School?**

Te Reo and kapa haka; Eating healthy programme, Food in Schools; After school care; atmosphere in the school is pretty cool; happy, positive school, size of school, teachers know children's names; friendly, positive staff, good learning environment; close knit family environment; community spirit; inclusive environment, staff acknowledge us as a family; friendly atmosphere, amazing teachers; love the encouragement for kids to read, love how much te reo is taught here, wheels day, bikes for everyone, love how teachers teach the children to sing and use sign language, love everything! This school is the best!; the rural feel of the school; the values the school holds; welcoming, supportive, everyone is approachable, great communication; support and encouragement on being an individual, friendliness and kindness shown by all staff and students; teachers are caring and loving and my children are happy, kids look after each other; bilingual unit; safe, respect parents and children and also teachers have for each other; the understanding and communication, the amazing support and effort that goes into supporting families and differences; wonderful teachers/learning skills, awesome; inclusion of all students regardless of needs; whakawhanaunga tanga; good teachers, good structure; enviro-group and promoting general environmental education eg edible garden, chickens, bees, bike track, i-pads; very happy with the atmosphere of the school, the children love being here and their whole self is well looked after and cared for – physical, academic, social and emotional; the love and care our children receive; I love the school, its teachers and other families – its amazing! Easy going.

### FEEDBACK FROM THE SURVEYS CONTINUED

**Any improvements needed?** Communication with parents (only negative response about this); update website, more patrolling at break times; stationery online would be good; better carpark; homework; a school uniform would be awesome (x2); better pool, change area; moving of classes during year; new parent/family introduction to school process; netball courts & goals, toilets – staff and children; children reading on colour wheel bring home a book each day.

Wonderful feedback and we will action suggestions where we can. Thank you.

### BOARD OF TRUSTEES ELECTIONS

You should have received your voting papers for the Board of Trustees by now (if not, they will still be in the post). Please make sure you read the candidate's profiles and vote. Your vote is important. Your voting paper needs to be returned either by post (there is a self address envelope enclosed) or by dropping into the school office before noon on the 3rd of June.

### TALENT QUEST

Are your children practising an item for our Talent Quest on the 30th of June? We ask that you support them with this by allowing them time to practise at home and to check the appropriateness of the music they have chosen – particularly the lyrics of any songs. You may also help them to organise what they will wear on the night. All entry forms need to be returned to Mr Green, Mr Meadows or Whaea Gillian by Friday (tomorrow) and the first round of auditions will be held on Tuesday the 31st of May.

### MATARIKI CELEBRATIONS

On Friday the 10th of June we will be having a hangi to begin our Matariki celebrations the following week. We would like donations of chicken pieces, pork or beef pieces, butter, bread and mixed herbs. We ask that each child bring 1 or 2 vegetables to school eg potatoes pumpkin pieces, kumara or cabbage. If you are able to send along any of these things to school please let us know. We would be very grateful. We need all donations in by Wednesday 8th of June. We try to do this at no cost to whanau on the day so rely on donations. You will receive more information about Matariki week nearer the time. Thank you.

### INTERSCHOOL WINTER SPORTS TOURNAMENT

This will be held at One Tree Point School on Friday the 3rd of June for year 4, 5 and 6 students. By now you should have received a notice about this with a lunch order form if your child wants to order lunch for the day. The last day for lunch orders was today - there are no late orders as we have to send the orders to OTP school. OTP school will have extras on the day, so if your child has missed out you can send them with money. We will be travelling there by bus. If you can help on the day please fill out the form and return it to the office.

### SARAH SADE

As you are aware, Sarah Sade, our Deputy Principal who has been at Ruakaka School for 16 years, will be leaving us at the end of this term to take up a new position as Deputy Principal in Taupo. If you would like to contribute to a community gift for her, please send this along to school by the 24th of June. There will be a card for you to sign at the office if you would like to do this. We will be farewelling Sarah at our Talent Quest.

### LOCKDOWN PRACTICE

We will be holding a lockdown practice here at school tomorrow. With the new Health and Safety laws we must prove that we have practiced these procedures and that the children know what to do in an emergency.