

NORTHPINE GROWING STRONGER

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Have you found dub dub yet?? If so fill in a form at the office and pop it in the box.



This month's winner was

NETBALL

Netball practises are starting on Tuesday 13th from 2:30 to 3:30pm. Please notify the office (a note or phone call from the parent/caregiver) if your child is staying, for bus changes or afterschool care arrangements. Someone needs to be at school to collect your child at 3:30pm.

Coaches will be needed for each team, if you are interested in coaching and can attend on Tuesday afternoon please do so, otherwise let school know.

WAIPU GOLF CLUB

Waipu golf course are holding Top of the Harbour Junior Open for under 18's. This is on Friday 20th April 2018, there is a great prize table, starts at 9.30am with prizegiving being held before 4pm. For more information, email: waipu@golf.co.nz, phone 09 4320259 or web: www.waipugolfclub.org.nz



SPORT NORTHLAND

LABEL READING

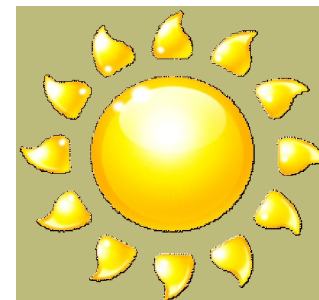
BREAKFAST IDEAS

There are lots of different nutritional claims on packaging but it's best to check for yourself by reading the label. Remember to always use the 100g column

TIP: Fibre helps us feel full for longer and keeps our digestive system healthy.

	PER SERVE	PER 100g
Aim for less than 10g SUGAR per 100g		
Carbohydrate, Total (g)	20.1	67.0
-Sugars (g)	0.8	2.8
Aim for less than 10g TOTAL FAT per 100g		
Fat, Total (g)	0.4	1.4
-Saturated Fat (g)	0.1	0.3
Aim for more than 5g FIBRE per 100g		
Dietary Fibre (g)	3.0	10.1
Sodium (mg)	81	270

Developed by Sport Waikato 2017



TERM 1

22nd - Junior Outdoor fun day, Rooms 1,2, 9 and 10. If wet fun will continue indoors. Parents \ Caregivers are invited to join in.

27th - 29th Mar - Bilingual Camp

30th Mar - Good Friday, No School

2nd April - Easter Monday, No School

3rd April - Easter Tuesday, No School

13th April - Last day of term

30 April - Term 2 starts

TERM DATES 2018

Term 1 - 30 January to 13 April

Term 2 - 30 April to 6 July

Term3 - 23 July to 28 September

Term 4 - 15 October to 13 December

RUAKAKA SCHOOL NEWSLETTER



22nd March 2018

Our mission statement

He kura whakamana i ngā ahurea o ngā tamariki, tōkia, tūkia o rātou pūkenga, o rātou manakotanga o rātou auahatanga, poipoia rawatia ka whakanuia e te whānau whānui me te hāpori.

To be a rural school where innovation and cultural identity are embedded, students' individual talents, needs and abilities are nurtured, celebrated and supported by whānau and community.

Whakatauki (proverb) of the Week

Inā kei te mohio koe ko wai koe, i anga mai koe i hea, kei te mohio koe, kei te anga atu ki hea

If you know who you are and where you are from, then you will know where you are going.

Tena koutou katoa

Books are like lobster shells, we surround ourselves with 'em, then we grow out of 'em and leave 'em behind, as evidence of our earlier stages of development. – Dorothy L Sayers

What an amazing day we had at the annual Pukapuka Party on Saturday. The day was basically free for all of the tamariki and they had such a good time participating in learning activities to fill their passports so they could get their sausage and their bag of goodies. Every child had a smile on their face!

A huge thank you goes out to Linda Biggs and Wendy Rowsell and others members of "Bream Bay – The Learning Community" group, to all our local Lion members, to all the staff from the primary, secondary and Early Childhood centres, Ray White Real Estate, and all the other people who made this possible. We are a very lucky community.



**We love to learn together
Ka aroha tātou ki te ako tāhi**

KAHUI AKO FEEDBACK

It was great to have so many people contribute to our feedback for our Kahui Ako. We will certainly take on board your concerns and suggestions as there were some common themes in your feedback.

WEETBIX KIDS TRYATHLON

We had so much fun last year at the Weetbix Tryathlon that we thought this year we would enter a school team. This is for ages 7+. So far we have 13 entered, we need a team of 15 if possible, to be eligible for the prizes. Registrations close on 2nd April, or before if fully booked.

Held on the 8th April 2018 at the Waitangi Treaty Ground, Bay of Islands.

DISTANCES FOR AGE 7 (APPROX.)

Swim 50m, Cycle 4km, Run 1.5km

DISTANCES FOR AGES 8-10 (APPROX.)

Swim 100m, Cycle 4km, Run 1.5km

DISTANCES FOR AGES 11-15 (APPROX.)

Swim 200m, Cycle 8km, Run 1.5km

Every participant receives a medal, certificate of achievement, tryathlon t-shirt, swim bag and swimming cap, breakfast on the day and the chance to win spot prizes.

Our school registration details are:

<https://registration.tryathlon.co.nz/Home/Event/33/Package/0/Wave/0/Sequence/0/School/1688c7fa-395d-4811-8546-7a85b1175eae>

Any questions- please contact Jo Irvine on joannei@ruakaka.school.nz or phone the office.

BUS STOP BEHAVIOUR

Just a reminder about the expectations at our bus stops. It is great that many of you walk your children to the bus stops in the morning and are there to meet them at the end of the day. This is particularly important for our younger children as they are so unpredictable around vehicles. If you witness any of our children behaving in a way that is not appropriate or safe, please help us by reminding them to do the right thing at the bus stop. If there are problems you feel you cannot solve, please don't hesitate to ring me or come in and see me. Thank you.

BUILDING UPDATE

Well our 12th classroom has finally been started. We are watching progress with interest and hope to get the class out of the staffroom and into their new room very early next term. Then it will then be time to start our next exciting project – our new multi-purpose/library.

INTERSCHOOL SWIMMING SPORTS

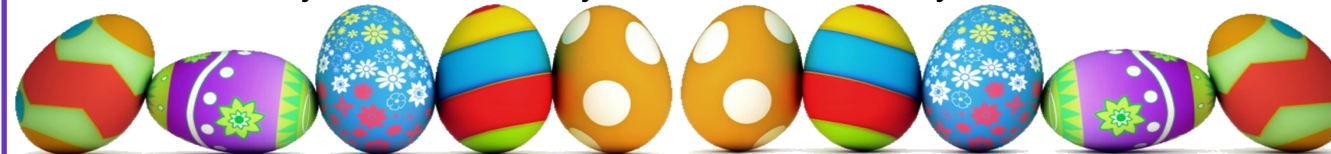
This was another great event and our children swam their hearts out! The final results are not yet in as we are waiting for information from some of the other schools. A huge thank you to the Bream Bay Swimming Club for your help on the day and for the use of your equipment. We couldn't have done it without you.

DENTAL THERAPIST

We have been notified to say that the Dental Therapist will be back here in the middle of April. At this stage, with all the building, we are not sure where the caravan will be located within the school grounds but we will let you know nearer the time.

EASTER RAFFLE

All tickets should have been back in by today. If you haven't sent yours in, please do so by tomorrow, even if you haven't sold your tickets. The raffle will be drawn on Monday next week and you will be notified if you are a winner.



EASTER HOLIDAYS

The school will be closed for the Easter break from Friday the 30th March (Good Friday) through until Tuesday the 3rd of April. The children come back to school on Wednesday the 4th of April.

